

Upcoming Events

Baldwin Borland (Studebaker Road) will preach for us
on February 16

Business Meeting: Today at 4:30 p.m.

Saturday Meeting Workday: Next Saturday, February 15

Ladies Bible Class: February 16

Last Saturday in February Meeting: February 29

Panera Bread Open Bible Study: Tuesdays at 6:00 p.m.

Today, thank you, Barrett!

Inspiration about Being Positive

Roy T. Bennett, The Light in the Heart

“Attitude is a choice. Happiness is a choice. Optimism is a choice. Kindness is a choice. Giving is a choice. Respect is a choice. Whatever choice you make makes you. Choose wisely.”

“More smiling, less worrying. More compassion, less judgment. More blessed, less stressed. More love, less hate.”

February Birthdays

8 Zoie Perales

Regular Meeting Times

Sunday.....9:45 a.m.

Sunday.....10:45 a.m.

Sunday.....6:00 p.m.

Wednesday.....7:00 p.m.

Preacher:
(Vacant)

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Anxiety

“...casting all your anxiety on Him, because He cares for you”

1 Peter 5:7

Some helpful thoughts from the Pulpit Commentary

Homily by J.R. Thomson

The ill that calls for remedy. This is anxiety; and from the beginning human life has abounded in occasions of anxiety. No doubt the measure of this evil varies with the character and temperament of individuals, and with their needs and circumstances. The anxieties of some are personal; those of others are relative. Many are anxious because health is broken, or circumstances are narrow, or a vocation is uncongenial. Some are anxious concerning the prospects of their children, others concerning the state of their Church or their country. The anxieties of not a few arise from their spiritual state - their temptations, doubts, and fears. These anxieties are distractions and have a tendency to depress the spirits, to mar happiness, to cripple in the discharge of duty.

The remedy proposed for this ill. It is, in the simple language of St. Peter — language prompted, there can be no doubt, by his own personal experience — to cast anxiety upon God. But how is this to be done? It is to be done **by confession**, i.e., where there is a consciousness of sin, where there has been distrust or murmuring. **By prayer**; in which deliverance is to be sought. “*Roll thy burden,*” said the psalmist, “*upon the Lord.*” **By faith**; in which the anxious Christian, convinced of God’s all-sufficiency, is content to leave all that concerns him in the wise and merciful hands of his Father and Savior. Whether the cause for anxiety be temporal or spiritual, great or small, personal or relative, the remedy is the same, and is equally efficacious.

The encouragement to apply the remedy to the ill with a view to relief and cure. The apostle assures us that God “*careth for us.*” By this we understand that He observes, being minded otherwise than the fabled Epicurean deities, who were deaf to human cries and indifferent to human affairs. And He takes a deep and sympathetic interest in the condition and the sorrows of His children upon earth. Nor is this all. There are ways in which God gives expression to His interest and care for His own. By His providence He guides and governs all human affairs for their good. And by His Spirit He brings their hearts into harmony with His will, and thus causes all things to work together for their good.

The Lord is my Shepherd

From The Encourager, Calvert City church of Christ

A Bible class teacher decided to have her young class memorize one of the most quoted passages in the Bible, Psalm 23. She gave the youngsters a month to learn the verses.

Little Bobby was excited about the task. But, he just couldn't remember the Psalm. After much practice, he could barely get past the first line.

On the day that the kids were scheduled to recite Psalm 23 in front of the congregation, Bobby was so nervous.

When it was his turn, he stepped up to the microphone and said proudly, "The Lord is my shepherd and that's all I need to know!"

Build Me a Son

General Douglas A. McArthur

"Build me a son, O Lord, who will be strong enough to know when he is weak, and brave enough to face himself when he is afraid; one who will be proud and unbending in honest defeat, and humble and gentle in victory.

Build me a son whose wishbone will be where his knowledge should be; a son who will know Thee--- And that to know himself is foundation stone of knowledge.

Lead him, I pray, not in the path of ease and comfort, but under the stress and spur of difficulties and challenge. Here, let him learn to stand up in the storm; here, let him learn compassion for those who fall.

Build me a son whose heart will be clear, whose goals will be high; a son who will master himself before he seeks to master other men; one who will learn to laugh, yet never forget how to weep; one who will reach into the future, yet never forget the past.

And after all these things are his, add, I pray, enough of a sense of humor, so that he may always be serious, yet never take himself too seriously. Give him humility, so that he may always remember the simplicity of true greatness, the open mind of true wisdom, the meekness of true strength. Then I, his father, will dare to whisper, "I have not lived in vain."

Beating Worry

By David Bragg

Time has a way of improving the conditions of daily lives. What posed as hardship for my grandparents are today's luxuries. Surrounded with gadgets and gizmos to make life easy, why can't they invent something, anything that will remove worry from our lives?

Volumes have been written to abate the damage worry causes. Man may find more things to worry about, but Jesus alone holds the secret to beat worry. Jesus said that to neutralize stress one must keep clear, spiritual priorities (Matthew 6:33). The Christian is entitled to place his trust in God. Unlike the rest of creation, God gives the faithful disciple the benefits of His protection (v. 26). Let God have priority over any and every problem and one can live without being crushed by worry.

Worry, and the stress it spawns, can be reduced by living one day at a time (Matthew 6:34). Jesus teaches that God is well aware of our needs. Dream big about tomorrow but don't steal its heartaches. These are literally the times that try men's souls. Jesus alone can bring contentment to the stressed-out world.