#### Upcoming Events... Galatians Class: Every Thursday at 1:00 p.m. Business Meeting: next Sunday August 12 at 4:30 p.m. Ladies Bible Class: August 19 Barnabas Group Meeting: August 28

# **Really?**

While "church attendance" offers obvious spiritual benefits, did you know that studies have found it's good for your physical and mental health too? Here are a few reasons why.

- Going to church boosts the immune system, lowers blood pressure and helps us live longer.
- Frequent churchgoers have a larger social circle and with more kinds of support than people who don't attend.
- People who go to services regularly are less likely to be depressed.
- Teens who regularly attend church do better in school.
- Churchgoers are happier with their lives overall.

## **August Birthdays**

4 Noah Perales 6 Gigi Zamarripa 12 Debbie Hoffman 12 Lee McKnight 16 Nick Hoffman 19 Keith Lovelady 25 Pat Limburg

Regular Meeting Times
Sunday9:45 a.m. Sunday10:45 a.m. Sunday6:00 p.m. Wednesday7:00 p.m.
<b>Preacher:</b> Mike McKnight
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#### *Church of Christ* 81-377 Ave 46 Indio, CA 92201 (760) 342-1859

(Address Service Requested)

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### What Sign Would You Like to See? By Mike Baker

It happens from time to time. A person in a discussion on religion will say, "If I could only see a miracle or a special sign to know what is really true, then I'd follow it." Perhaps you've never heard someone say that in person, but I have.

In the 20th chapter of John we read the account of Thomas and his famous statement doubting that Jesus had appeared to the others while he was absent. He says in verse 25, "Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and put my hand into His side, I will not believe." Now that's a pretty strong statement to make as one who had spent the past three years with Jesus. Thomas had been present at many of the miracles and wonders that Jesus had done. These were done for the very purpose of showing that He was God's Son. And now Thomas is requiring a sign before he will believe.

It is the rest of the chapter that helps us to reconsider our demands for a personal display of a miracle, etc., before we believe. Verses 26-29 tell of the interaction between Thomas and Jesus. "And after eight days His disciples were again inside, and Thomas with them. Jesus came, the doors being shut, and stood in the midst, and said, 'Peace to you!' Then He said to Thomas, Reach your finger here, and look at My hands; and reach your hand here, and put it into My side. Do not be unbelieving, but believing. And Thomas answered and said to Him, 'My Lord and my God!' Jesus said to him, 'Thomas, because you have seen Me, you have believed. Blessed are those who have not seen and yet have believed'."

So Thomas believed when he saw Jesus, but Jesus knows that many will believe without ever having seen Him at all. Now,

notice the remaining two verses of this chapter. "And truly Jesus did many other signs in the presence of His disciples, which are not written in this book; but <u>these are written that you may believe</u> that Jesus is the Christ, the Son of God, and that believing you may have life in His name." (emphasis, editor)

Those concluding verses should be very helpful for those who would demand a sign before they submit their lives to God. God has provided many signs, miracles and wonders to show that Jesus is His Son, and to compel us to come to Him. If we find ourselves looking for a special sign today, we should just take up our Bible and read of all the evidence that God has already provided. If we do, we will likely reach the same conclusion as Thomas regarding Jesus. "*My Lord and my God.*"

# You Catch 'em

By A. C. Quinn

There is an appealing statement going around which says, "Be fishers of men. You catch `em, He'll clean `em." Interesting, but to the point. Jesus called Peter and Andrew, fishermen, who were told that, henceforth, they would be made *"fishers of men"* (Matthew 4:19). It is noteworthy in this passage that Jesus called these men, giving them a singular mission--"You Catch 'em."

Every fisherman knows that catching the fish is really the easy part of the task; after that comes the laborious, messy task of "cleaning 'em. It was to this end--the cleaning, cleansing process--that Jesus came into this world (Matthew 1:21). Every scene of the cross as recorded in the records of the gospel portray so vividly how Jesus willingly suffered the anguish and cruelty of death on the cross in order that wicked man might be cleansed (Ephesians 5:26). That cleansing process is an ongoing one for those who "...walk in the light as he is in the light...the blood of Jesus Christ...cleanseth us from all sin" (1John 1:7).

The task of the fisherman-- "You catch `em" --is not for the elite nor any special group. The Lord's commission (Mark 16:15-16; Matthew 28:19-20) is to all his followers as Paul so instructed Timothy: "And the things that thou hast heard of me among many witnesses, the same commit thou to faithful men, who shall be able *to teach others also"* (2Timothy 2:2). Truly, Jesus will do the "cleaning/cleansing" if his fishermen will only do the "catching."

# Here's To...

By Mike Sullivan

- HERE'S TO the single mother who always gets the kids around to Sunday School and Worship services every Sunday that she possibly can.
- HERE'S TO the married woman or mother whose husband won't attend worship services yet she gets there whenever possible.
- HERE'S TO the single person who really has no one to motivate them but themselves and yet still seem to be on time for the assembly of the saints.
- HERE'S TO the widow who still feels incomplete and never really over the grief of losing their mate, yet still are faithful and active in the church.
- HERE'S TO those who have aches, pains, disabilities, and any number of ailments that could keep them away from church services, but don't allow them to.
- HERE'S TO the child of unbelieving parents that gets to all the Bible classes they can by any means available.
- HERE'S TO the people who seem like life has just thrown every grief and woe their way, yet remain steadfast and true to Jesus and His church.
- HERE'S TO their dedication, which should motivate the rest of us to be at every assembly of the church that we can possibly make!

"Let us draw near with a sincere heart in full assurance of faith, having our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. Let us hold fast the confession of our hope without wavering, for He who promised is faithful; and let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near." Hebrews 10:22-25